

—INTRODUCTION TO VIBRATIONAL STATES

—DISCUSSION OF LEVELS

—DISCUSSION OF NUMBER 7

—PURPOSE OF GUIDANCE COUNSEL

INTRODUCTION: This is a composite of several important meetings with our friend Miranon, courtesy of SHE. We believe it to be one of the most interesting descriptions of total reality we have yet encountered. It begins with SHE in Focus 12. As she was unable to get well stabilized I suddenly thought to ask her to describe the levels from 15 to 22 and back. These are the levels that Miranon reported as being those of human life here on the planet Earth. And as I counted, here was her response:

EXPLORER (SHE): ... I was in a vortex of some kind; I was caught in 22. Level 22 is not physical in any way; 21 can be either physical or non-physical, depending on where you choose to focus your energy... I have a wave of thought... I just had the number 18 come into my head... and the sense that is behind that, the one I am receiving, is that that is the number on which I am focusing, but that 21 is more of a total transcending —and yet, an acceptance of the physical form— but you can transcend it if you want to... (inaudible)

When you said 22, I became the blue light, and it was a very slow-pulsing wave. It was not moving very fast. And when you said 21, the whole vibrational state changed. It was rapid, and yet, standing still... it was a much higher vibrational state —I wish I understood more about vibrational rates—

And yet, it was on a physical plane, whereas 22 wasn't at all ... and so, 21 was much faster... but there was an awareness of the physical form...

When you said 20, I really noticed what was happening to my body, because the vibrations slowed some and I became much more aware of my voice, and the sound of the tape, and of your voice —of the physical things— whereas before I was more aware of the energy... if that makes any sense...

The pattern continues... the vibrations are slower than at 21, and the noise is louder. Now, I suddenly become aware of my breathing and some of the tension in some of my muscles. It is like... the word «resistance» is coming in. There is a higher resistance to the vibrations, so they can't flow as rapidly; but as you go in the levels, the resistance dissipates so that the vibrations can travel more smoothly...and yet, they are faster. And since I don't know anything about physics, I don't know if that makes any sense or not... I started quivering in my right arm... the sense again of having slowed down some, of being more aware...

Now I can feel a slight pulsing between the... whatever I have between the fingers. I also feel heat... There is smoothness, more smoothness in 18 as far as... just feeling as floating, and less awareness... it seems to be that in 18 I was moving out towards my limbs and sensing them...

In 19 there is more than just the awareness of my breath —my voice sounds fainter... (long pause...) (inaudible...) It is smoother, there is less friction; it's very comfortable.

Level 21 is more difficult to describe... I just feel very peaceful. I feel as though I am moving or vibrating, or whatever... but there is no motion to it. It is neither up or down or forward or... 21... all appear very comfortable but very different...

The sense that I just had... it was like a rainbow going before me —of colours— and they're like the colours Miranon has described. They're all going in different beats and moving... the pattern is really... it's like a spectrum of 22 to 28, or something like that, and they are all interwoven... I think I can draw it for you. (*See accompanying diagramme, page 40.*)

I like 21. I just kind of stayed there, and the sense I had was like... when you asked that, I got the illusion of looking at a sunset, and having a sense that the horizon is the end. But it is only an illusion, because when you go forward in the levels, ever new levels arise.

Miranon enters SHE's body.

MIRANON: I apologize for being so late. But I need to thank you and to tell you that I am glad you received my message. If you would like to explore these levels, I will be very happy to do so with you... I needed for Leona to experience them on her own before we began; and I have been sending you this message. I am very glad that you received it...

It would be very hard for me to enter these levels until she is prepared for it. Twenty-one is a good level for us to work from, and it is a good level for her to be in. But until we have worked at it for a while, she is not ready to

go further. And she is right, she is primarily operating from Level 18, which is a much slower vibrational rate. Her body will have to change its metabolism if she goes to 21, and especially if she goes higher. But 21 is safe for her at this point.

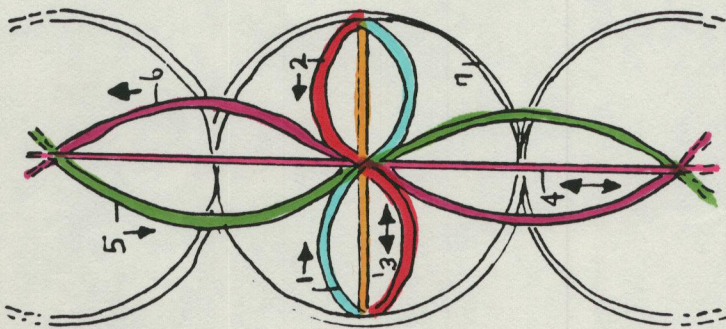
I must go now, the vibrational levels are very high and Leona needs to rest and come back. But I will be with you very soon and, hopefully, we will have time together... we will begin working... Goodbye...

MONROE: Goodbye...

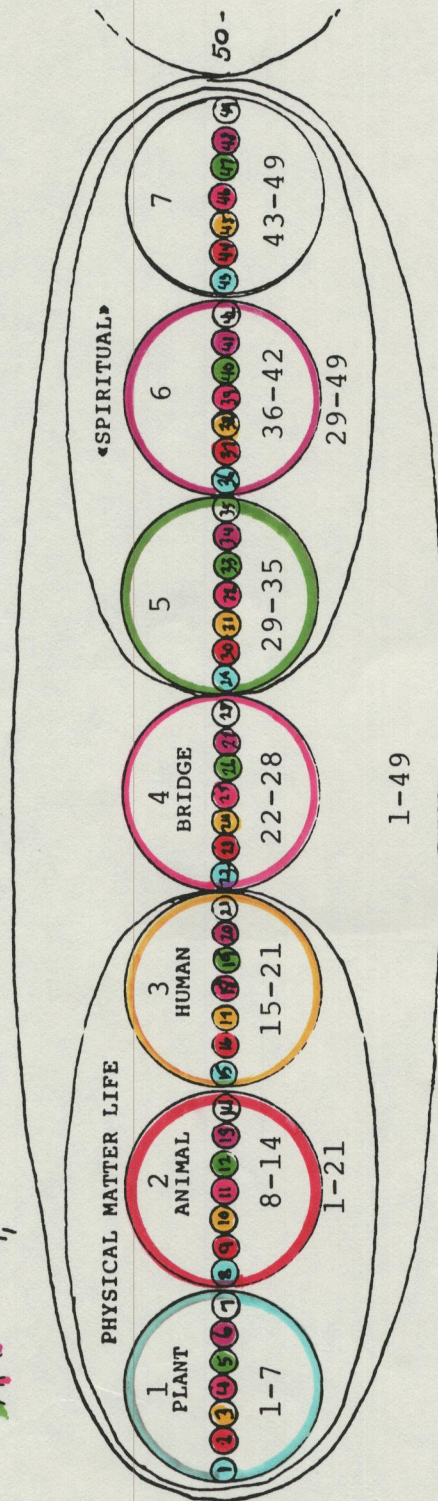
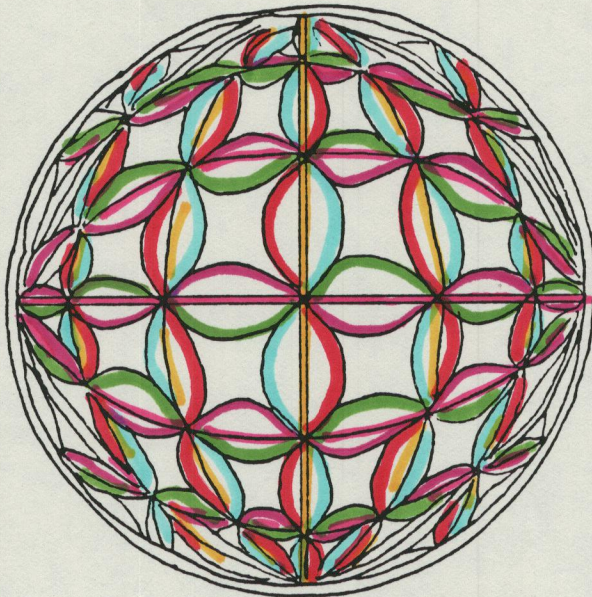
COMMENT: *The question about a sudden thought, or the idea of running SHE through the various levels at her conscious Focus 12 state was an interesting idea. I thought it was my own idea, but evidently not. When SHE arrived the following week for the next session she presented me with a diagramme—a chart, as it were—of the 21 levels of physical matter existence, here on this physical Earth. She didn't say how she got this, except to say that it came to her. Also, she indicated that it was for me... and in the following session, you can see what happened. Without much ado, our friend Miranon returns.*

MIRANON: I understand that Leona has given you a diagramme of the levels. And before I talk about specific levels, I think you need to know an overall pattern on the levels. And that is what I would like to talk to you about today, unless you have some other questions...

THE 7 RESONANCE CONCEPT



- 1. BLUE 1- 8-15-22-29-36-43
- 2. RED 2- 9-16-23-30-37-44
- 3. YELLOW 3-10-17-24-31-38-45
- 4. ROSE 4-11-18-25-32-39-46
- 5. GREEN 5-12-19-26-33-40-47
- 6. PURPLE 6-13-20-27-34-41-48
- 7. WHITE 7-14-21-28-35-42-49



I-49

MONROE: I think that would be very good. I am ready, and even have the diagramme in front of me. (See page 40.)

MIRANON: Very good. There are many levels. As I have said to you, I am on Level 46. All of the levels are related to the number 7. The *first level* is always a pulsing level. It is the beat of life, of the impulse —of being. It is the flowing quality of what we have talked about earlier. And since entering any new plane of existence is oftentimes difficult for the consciousness, this colour is a very soothing colour. This level has a very soothing colour to it, and that is just as Leona has described to you last week —a blue. It allows the being or the consciousness to make a smooth transition. But this level is also a level that is somewhat difficult for the consciousness, because on this level it is new to this plane... and it must become secure... it must develop feelings of being comfortable in this plane... and therefore, it can only flow in the horizontal direction. If you will notice on the diagramme, the first three levels are all horizontal levels... They are all levels in which the being is becoming more comfortable in this new plane of existence, in which it is learning, and in which it established the foundation for the other levels within that plane of existence. Are you following?

The *second level* is simply a mirror image of the first level. It is the reverse, and the two are very complimentary. Because security has been established, it can have a colour of greater intensity, a colour with a higher vibrational rate. And that colour is red... When a being is on this level, he is developing an awareness of all the realities of that plane. In your plane of existence, it would be a total awareness of the senses, a total immersion into the outside reality brought

in by the senses. And because it is still directed to an understanding, a learning about this plane of reality, it is still on a horizontal level. Another point that —there is so much to tell you— another point about these levels is that all of these colours radiate. They are not simply the line as such, but like the auras around every living thing. They radiate and form an arc-like pattern around the wave form. So it is possible to have points on any level where you are in contact with any level. And they are all united. If you will notice, there is nothing separate or distinct at any point on any of these levels. They all touch the other levels.

The *third level* transverses or goes through the middle of the first two levels and can reach out a little more directly into other spheres, other forms of life on the same plane. This level has a different intensity to it. On this level, there is more of a development of inner awareness —it is still a horizontal level— but the colour for this level is yellow, and it does not have the heaviness of the second level. There is an expanding of the consciousness, an increasing awareness of that plane of existence. And with this expansion, this development in your plane of existence, it would be a development of the mind, an expansion of the mind. There comes a need for more power. In this way, power can be gained over other forms of existence on that plane, but primarily only on that plane. Again, this level is a horizontal level; it does not ascend or descend.

The *fourth level* of the seven is the one that both Leona and I are on. It is the reason why we can have contact with each other. It is a vertical plane. It is the beginning of the ascension and descension. This plane can either ascend or

descend, and therefore we can meet. The colour for this plane is a rose colour. It is a lighter colour. It is a plane that brings greater unity to all the planes. The primary quality of this plane is what you call *love*. There is an openness to realities beyond this reality, beyond whatever plane you happen to be on... and it opens the door to expansion into other realities...

There is a lot of tension, now... I need to check on Leona. I will return... (pause...) I have finished the fourth level. This level is very interesting.

The *fifth* and *sixth* levels are closely tied together. There are very few consciousnesses that are on the fifth or sixth level. For example, when I transcend the 46th level, I will be in 47 and 48. I will not be just in 47. They are very complimentary levels. The colour for this *fifth* level is primarily **green**. It is what you call *you healing light*. And it works very closely with the rose light in Level 4, which again, are interrelated. But in the fifth level, there is a tranquility, a sense of inner peace that comes from the development of this awareness of the love consciousness. And it is primarily a descending level. You become more acutely aware of the realities of the levels beneath you... «beneath» is not the right word, but for lack of a better one, it will have to do... It is primarily a level that gives you an understanding, like the rain.... The rain would be on the fifth level. And as it falls, it understands. It has an awareness of the reality it is entering. It is a different reality from the reality of which it has been a part.

The *sixth* level is primarily an ascending reality. It allows you to have greater understanding of the levels yet to be

attained. And in this reality you can transcend the plane on which you are presently existing. You are presently in this plane...

MONROE: I am?

MIRANON: Yes. You are in the fifth and sixth planes, but are working primarily from the sixth plane. You have an awareness of the fifth plane also. I must check on Leona again... The colour for this *sixth level* is purple. But it is a different kind of purple... That is the sixth plane...

The *seventh level* is the full circle at which you understand and have a complete awareness of all that is in your plane of reality —a complete and total understanding, not only of yourself, but also of all of the levels that you touch. If you will notice (*on the diagramme*) the seventh level touches or crosses every other level of existence. It has the harmonizing influence. It is the level that unites everything within the level, and it also has the ability to cross into other levels. Since the light is pulsing, since the light radiates, it touches all the levels, the levels above it... again, «above» is not right... but the levels «above» it, «below» it, «on top of» it, «in the back of» it, for lack of better analogies. The colour for this level is white. There is no colour or there is all colour. And it is the highest level you can attain and still stay in the plane of reality upon which you exist. That is the basic understanding I have of these levels...

MONROE: It is indeed very interesting... Does this just apply to physical matter reality, or to other states of being; these seven levels?

MIRANON: This applies to all levels of existence... physical or non-physical; it does not matter. As I have said to you earlier, plants exist on Level 1 to 7. They are on the vibrational rates 1 through 7. It is the same pattern. Animals exist on Levels 8 through 14. And when a person... or when a consciousness attains Level 14, it can no longer go any higher unless it is willing to change its form of consciousness. Levels 15 through 21 are what you call human life on this Earth. When a person progresses to Level 21, he then has the choice of going higher or staying within the realm of human form. But he cannot go higher unless he is willing to give up human form.

MONROE: Give up being human?

MIRANON: Levels 22 through 28 are your bridge. They are levels that you enter upon death... I told you earlier you were on Level 6; you are working from Level 6. Because that is an ascending level, you can enter into the realm beyond life. But you cannot stay there unless you are willing to give up your human form. Is that clear?

MONROE: That much is clear, yes...

MIRANON: And then, once a person or a consciousness —we are talking about a consciousness— reaches Level 28, the bridge is crossed, and from that point on, for that consciousness to evolve higher, it would not again assume human form of any kind. Not even as a learning experience. I will never incarnate again as a human. As another form of life, yes, but not as a human.

The words are very hard because your plane of existence is not the same... Perhaps I can explain it by asking you to image seven circles, which would give you the 49 levels. The first three levels are physical matter —as you know physical matter. They are your plants, your animals, your humans. The fourth circle is your bridge, your realm, your centre for that overall plane. It is a time when a consciousness can choose whether to go back into the lower levels or to transcend into the higher levels. And many consciousnesses do choose to go back into the lower levels, into physical form.

The upper three circles are the realm that in your consciousness is called the *spiritual* realm. Here, much of the «work» is done. Here, your guides choose actively to be guides, to those of you who are in physical form. And the guides choose the beings related to the level of evolvment upon which they are. For example, I could not help very much someone who was not on the 18th level, because my plane, my vibrational rate, would be different. This is why it is hard for me to help you with specific problems. I can give you ideas but I cannot give you direct guidance... I could if you were on Level 18... Our planes do touch since yours is an ascending spiral, an ascending... what is your word for that...? it is... *ellipse*... it is an ascending ellipse. And so therefore, I can cross over and communicate with you; but not as directly.

Once I reach Level 49 —which I will— I then leave all of this realm of existence. It does not mean I have reached the highest point, by any means. It simply means I have left this particular group of sevens, this overall group of sevens...

Image, if you will, the seven circles enclosed in an even larger circle, upon which seven more circles are stacked, which is in turn enclosed within an even greater circle, and then you can have some idea of what infinity is. It does not ever stop. (See diagramme, page 48.)

MONROE: Well... I must confess that... that all this is kind of hard on my little, tiny, poor, physical matter consciousness...

MIRANON: (chuckle)

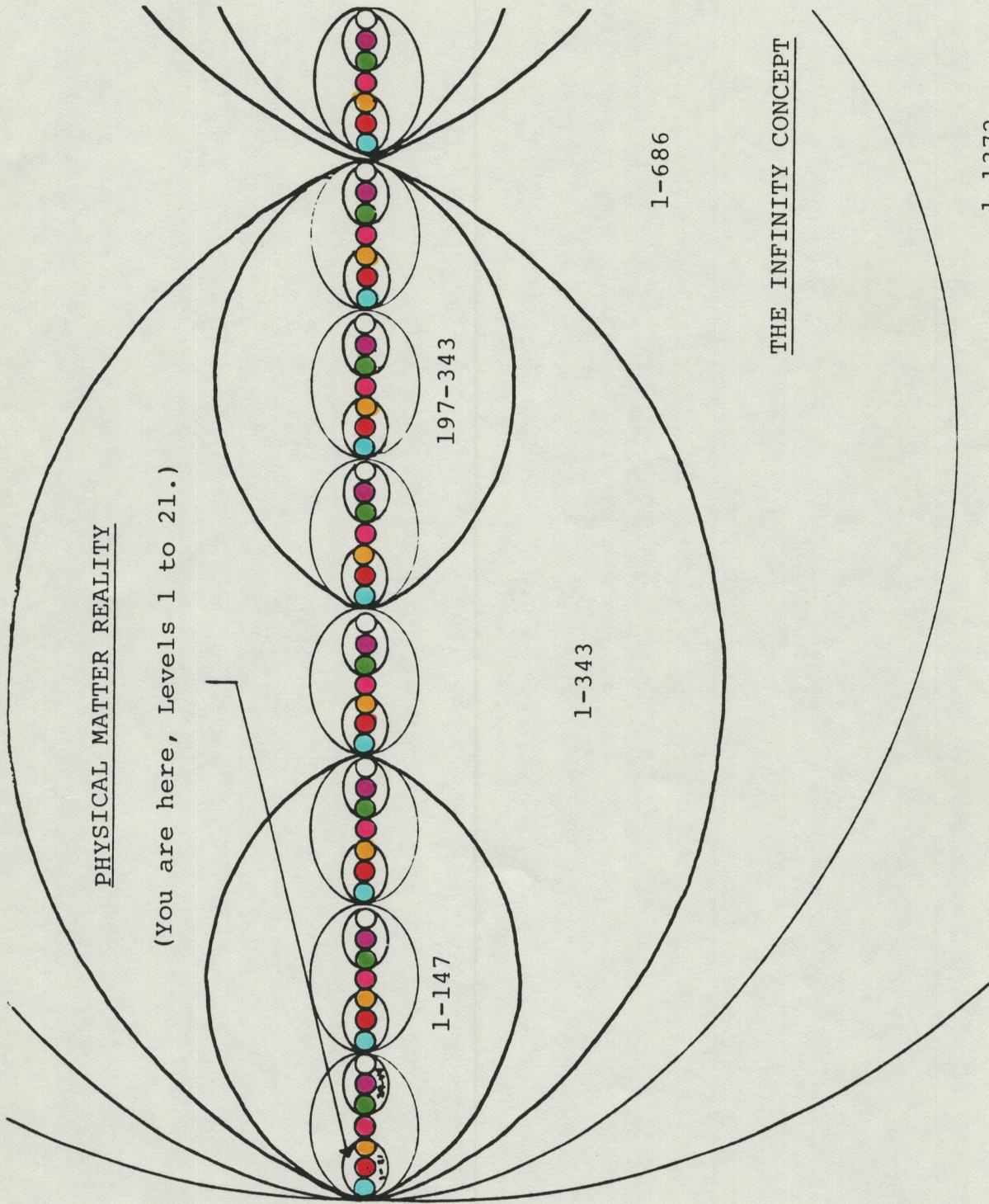
MONROE: It certainly is...

MIRANON: That is true... I must... it is very hard on my consciousness also... I feel at times, because I am very near to completing this circle, that I have accomplished a major evolvment for my consciousness. But then, when I try to explain it, I realize how far I have to go yet, and how little I have actually gone through.

MONROE: You have done very well, thank you.

MIRANON: I must tell you that the communications you receive... I am working with several of your people, but it is not in the same form. Again, we are all on different vibrational rates. I am aware that there is communication, and I am aware that you are receiving information from many levels... Because my level of consciousness is one of love, I leave you with love... Goodday...

MONROE: Goodday... and thank you so much for coming...



Comment: And there you have the cosmology based on the number 7. The 7s and the 49s. And the 21s. An interesting facet of this session you have just heard was the fact that we were finally able to get a chuckle out of Miranon, and, that might indicate that he still has a great bit of «humanness» left in him...

The session did provoke a lot of other questions, and one of those questions was about guides and counselling. And, in a following session, here was his answer to one of my questions as to who does what in the guiding...

MIRANON: I can offer you guidance and give you insight as to what will happen, or in giving you guidance as to what can be done with individual people... but I cannot tell you... I am not allowed to tell you exactly what will occur...

MONROE: You are not «allowed»...? not permitted?

MIRANON: That is hard to explain. On my plane, there is no restriction from... You have in your world a concept of authority; of people who have power over other people, am I correct?

MONROE: Yes, unfortunately we do.

MIRANON: Now, here, we understand that each person within himself knows what can be done, what is wise to be done. And when I say I am not allowed to tell, it is my own self that does not allow it to happen. It is... you must tear the veil for yourself... I can show you the corner of the veil, and I can help you lift it, but I cannot tear it open for you. I am here to give you what counsel I can...

There is an interesting concept that I have been working with, penetrating into Leona's concept, into her mind, on the purpose of guidance and the purpose of counsel... I have said earlier that I am part of Leona. Any guide that can make contact must be a part, must have a close relationship with the person with whom he is making contact. This is very hard to explain...

There are guides for every person. We have all split in many ways, and yet, we must all come back together before this phase is over. And the guides who have gone a little farther—that is not a good word either because it is all the same distance; or progress is not relative on my plane—but we must all reach a point where we can come back together, and my purpose now is to gather up the other parts of myself, and help as I can for them to see. Leona has five guides working with her.

MONROE: How many guides do I have? Can you tell me how many? Or if any at all?

MIRANON: You have nine that I know of. But I am sure there are many others.

MONROE: But what is the purpose? What is the reason behind all of this guidance? How does it work?

MIRANON: It is all necessary... There is a need for each potential to be developed and explored within each of us. There is a... It is like a rubber band that has to expand. And the parts of it are still connected, but some have expanded in one direction and some in another. And for the tension to be released, all of the many parts must come back

together. Like the rubber band that has never been really separated, it has never fully been broken. Veils have been drawn, so that... For example, Leona has had a sense of being separate from all that she is a part of. But she has never been separate completely; the band has never been broken.

MONROE: Then, from that perspective, from your perspective, it would infer that there are many of «us» at the same time, as it were...

MIRANON: From my plane, yes, there are many of you in existence. You are all a part, at the same time, of the same rubber band. And time has no value. This is why it is hard for me to give you names, because I do not know you distinctly by names. But when you say «now» in reference to your time... Just a minute, I have to check... Yes, there is... there is a part of you that is doing research very much like you are doing now. Leona, at this moment in your time, has no counterpart. Otherwise, I would have to be working with that one too.

MONROE: I guess you would. And there is... another me, then. That's interesting... But what is the sum of all this? What's the meaning? What is the total?

MIRANON: The total?... this total that is now in tension... has been tried to be defined by your philosophers for many of your Earth years. For me, it is creative energy. That is how I know it. And it is forever in motion.

Before it began to be stressed, before the tension began to be as it is now, there was the creative energy that was there. It was not being used as it could be. The tension is also necessary for this creative energy to be used. However, the

tension needs... it is like your heart: it needs to pulse, it needs to tense and relax for the true creative energy of it to be felt. And at this period in your time, it is not pulsing as it should be. The tension is increasing; and this is why there are many forces coming to open the way, to letting it relax...

All forms of your energy are based on pulsing. The work you are doing is based on pulsing. Your body is based on a pulsation; and so is this creative energy. Life cannot exist without it.

MONROE: But what is the purpose behind all of this? What is the purpose?

MIRANON: I have thought of this. I am only on Level 46 myself, and do not understand all of the mysteries... But the sense that I have is that of the *rythm*... I have watched Leona. She is in touch with some of this... with some lessons she is working with on life. And I am sure that she is aware of the full potential. She should explore that more. She is listening today.

(To Mr. Monroe:) You will have to get in touch with this pulsation. You are under tension now. Relax and one of your guides will give a clear message. I cannot give you a clear message. I cannot give you a clear message because I am not one of your guides.

MONROE: I'll try to do that, thank you...

MIRANON: I think it will be good for Leona to have time here, and I hope that she can plan an extended time here. I have much to say for you and for her. Goodbye.

MONROE: Goodbye. Thank you for coming. (*To Explorer:*) How are you?

EXPLORER: I'm fine...

END OF RECORDING
